

Best Of Tibet | Duration: 16 Days Days | Cost: \$2700

The Best of Tibet tour includes four nights in the historic city of Kathmandu with eleven nights tour of Tibet, including Everest Base Camp from Tibetan side. Best of Tibet tour is the most popular tour in Tibet as it covers almost all the highlights of Tibetan culture. We will explore heritage site of Kathmandu before taking breathtaking mountain flight to Lhasa. We explore Potala Palace, Jokhang (Dazhao) Temple and Norbulingka, the Summer Palace of the Dalai Lama and where traditional Tibetan arts and crafts are kept alive. Spending three nights in Lhasa we drive to Gyantse through the Kyichu Valley to the Yarlong Tsampa (Brahmaputra) River before climbing over Khama La Pass which is at an altitude of 4,900 m (16,076 ft). We enjoy the majestic view of turquoise lake of Yamdrok Tso, with a backdrop of snow-capped mountains. Before reaching Gyantse, we will make one more ascent over Karo La at 5,200 m (17,060 ft). At Gyantse we experience and enjoy Tibetan rural life. For centuries, this historic town dominated wool and timber trade routes from Nepal, Sikkim and Bhutan. We will explore Rongbuk and Everest Base Camp at an altitude at 5,200 m (17,060 ft) above the sea level and enjoy the breathtaking view of Everest. Rongbuk Monastery is the highest Monastery in the world. The highest peak is often referred as 'the third pole. Everest is the main attraction to the trekkers and mountaineers. The region is also home of the Sherpas and an outpost of Tibetan Buddhism. So this is a place with cultural and spiritual significance. After spending two nights in Rongbuk we drive back to Kathmandu with full of memories of Best of Tibet has to offer.

At a Glance:

- **Tour code:** MBOT002
- **Style:** Multi Country Tours
- **Grading:** ▲▲▲▲▲
- **Suitable for:** 5200m
- **Duration:** 16 Days
- **Start in:** Kathmandu | Airport
- **End in:** Kathmandu | Airport
- **Transport:** Private
- **Price:** 2700

Highlights of the tour:

- Experience the joys of Tibetan culture
- Visit Kathmandu & heritage site
- Take best mountain flight over the Everest and Himalaya.
- Explore Tsetang, Lhasa Gyantse, Yamdrok Lake, Sigatse, Sakya & Xegar
- Visit Tibets oldest monastery Samey and Ganden
- Excursion of Everest Base Camp
- Enjoy breathtaking Tibetan Landscape

What's Included:

- All transfer in private coach
- Welcome dinner
- An experienced English speaking local Guide
- All sightseeing and entry fee as mentioned on an itinerary
- Kathmandu to Lhasa flight (500\$)
- Good standard Hotel (3*) accommodation in Kathmandu and in Lhasa with breakfast
- Tibet Visa and Permit
- Everest Base Camp permit
- Applicable government taxes

What's Not Included:

- Travel Insurance
- Nepalese Visa
- Meals except breakfast
- Tips for staff
- Additional costs due to illness, force majeure, changes of flight and itinerary
- Personal drinks and Bar Bill

Arrival in Kathmandu

Arrival at Tribhuwan International Airport, Kathmandu. A traditional warm welcome by our airport representative. Briefing Short brief from your guide about your further program. Rest time at Leisure. Evening typical Nepali dinner

Kathmandu sightseeing

Your first day will begin with breakfast at your Hotel. You will be taken for sightseeing of Kathmandu Valley to explore color and contrast of the vibrant city. Drive to famous Buddhist Stupa "Swayambunath" or known as Monkey temple on the hill of Kathmandu Valley where you can see stunning view of mountains and Kathmandu. This temple attracts Buddhists and tourists from round the world. Swayambhunath Stupa is the most ancient and enigmatic of all the holy shrines in Kathmandu valley. Its lofty white dome and glittering golden spire are visible for many miles and from all sides of the valley. Then you will be taken to pashupatinath Temple. Pashupatinath is the most important Hindu temple dedicated to god Shiva. Every year this temple attracts hundreds of elderly followers of Hinduism. This is also the cremation center. After exploring this temple you will visit fascinating sights of Patan Durbar Square, one of the most glorious examples of traditional Nepalese architecture, full of century's old temples and palaces

Fly to Gonggar /Transfer to Tsetang /Hotel

Your day will begin with breakfast at your hotel. Today after having breakfast you will be heading to Airport and fly to Lhasa Gonggar airport. Then you be taken to a scenic drive to Tsentang. It is a small city located 183 km southeast of Lhasa in the Tibet Autonomous Region of China. Tsetang was the capital of Yarlung .Tsetang is called as the cradle of Tibetan civilization. Literally Tsetang means Monkey's playground. Overnight in a hotel at Tsentang.

Sightseeing of Sayme and drive to Lhasa/hotel

After having breakfast, you will go for sightseeing of Samye Samye is in a peaceful, pretty valley, its outer walls connecting to a village and barley fields that were beautiful to walk through at sunset. Samye Tibet Trekking Rout is regarded as one of the best hikes in the world. It is a fulfilling and pleasant pilgrimage trip with much to offer, an overview of Tibetan Buddhism and religious culture, blue holy lakes, high snowy passes and mountains, lush alpine meadows, sporadic herders' camp, tranquil Tibetan villages, time-honored sacred sites, finally culminating at the barren, desert-like surroundings near the Samye Monastery. After sightseeing of samye you will be taken to drive to lasha where you will be staying at hotel that night.

Visit Potala, Sera and Norbulinka /hotel

Today after having breakfast you will start sightseeing tour of Lhasa. Sightseeing tour of Lhasa includes Potala palace, Sera and Norbulinka. The Potala palace is the winter residence of Dalai Lama. The palace witnessed the life of the Dalai Lamas and the important political and religious activities in the past centuries. Another place where you will visit is Norbulingka, which is the summer Place of Dalai Lama. Norbulingka is now undergoing complete restoration. Presently, the complex contains a small zoo, botanical gardens, and a mansion. You will also visit Sera Monastery which was founded by Tsong Khapa's. It became famous for its tantric teachings, while Drepung drew fame from its governing role. Sera was smaller than Drepung, with 7,000 monks, but was very rich and comparable in power. You will stay at hotel tonight.

Visit Drepung, Jokhang & Barkhor /hotel

Lhasa is a unique and spiritual city. Lhasa has remained the spiritual political and economic center of the Tibet. Most of the important monastery and cultural treasures of Tibet are in Lhasa. The places of interest in Lhasa include the Potala palace, Norbulinka palace, Sera and Drepung monasteries etc. Sightseeing tour at Lhasa includes Jokhang temple, Drepung and Barkhor. The Jokhang temple is also known as the Quikang Monastery which is generally considered as the most sacred and important temple in Tibet. This temple is constructed in the 7th century. Then you will visit Drepung Monastery Drepung which was founded in 1416 by a disciple of Tsong Khapa. This is the biggest and richest monastery in Tibet and its lamas help to train each new young Dalai Lama. Drepung was also home to the Nechung. Drepung belongs to the Gelupa sect and after that you will visit Barkhor. Barkhor is a street market, a circular street around the Jokhang Temple in the center of the old section of Lhasa, it is the oldest street in a very traditional style in Tibet, where you can enjoy bargaining with the local Tibetan vendors for the handicrafts which are rare to be seen elsewhere in the world. You will stay at hotel tonight.

Visit Ganden Monastery/excursion around back to Lhasa

We will visit Ganden Monastery. It is one of the "great three" Gelug university monasteries of Tibet, China, located on Wangbur Mountain, on the southern bank of Lhasa River. Its significance as a religious, artistic, political and cultural relic led to it being preserved by the National Key Cultural Relic Preservation scheme in 1961, and is now known as being one of the 'Three Great Temples', together with the Sera Monastery and the Drepung Monastery. After visiting we will back to Lhasa.

Drive to Gyantse via Yamdrok Lake/ hotel

Drive to Gyantse via Yamdrok Lake and high passes: Kora La (5,010 m) & Kamba La (4,794 m) – Sightseeing in Gyantse including Pholkor & Kumbum Monastery. Overnight stay at the Hotel. Gyantse is regarded as the fourth largest city in Tibet. It once was a major center for trade with India, and in 1904 the city became a battlefield when the British Army under Colonel Frances Younghusband attacked the city. Gyantse, the town itself is quite small & most sights can be seen on foot. The town is located by the Nyang-chu River.

Drive to Shigatse/visit monastery/hotel

Drive to Shigatse and visit Monastery. Stay Overnight at Guest House. Shigatse, officially known as Xigazê, is a prefecture-level city of the Tibet Autonomous Region of China. Shigatse, also named Xigatse, means 'the fertile land' and it is an important Tibetan communication hub and an air of modernization pervades the area. Shigatse

is of great importance for its location in this area. It is 300 kilometers (about 186 miles) away from the world's highest peak Mt. Everest, 150 kilometers (about 93 miles) away from the Sakya Monastery and also on the only path to Tibet's holy lakes.

Drive to Xegar/visit Tashilunbo & Sakya/ Hotel

We will drive to Xegar where we will visit Tashilunbo and sakya Monastery, Located in Sakya County southwest of Shigatse, the Sakya Monastery is the principal monastery of the Sakyapa Sect of Tibetan Buddhism. Tashilhunpo Monastery founded in 1447 by the 1st Dalai Lama, which is historic and culturally important monastery in Shigatse, the second-largest city in Tibet.

Drive to Rongbok/hotel

Drive to Rongbuk where you can explore Rongbuk and Monastery. Rongbuk Monastery is the highest monastery in the world. When Mt. Everest was found to be the highest mountain and with the development of Tibetan tourism, Rongbuk Monastery now provides rooms for travelers. You can only see Mt. Everest through a valley between mountains. Rongbuk Monastery is located in the Shigatse Region, southwest of the mysterious Tibet Autonomous Region, and to the north of the oblate Mt. Everest, the highest peak in the world. Walking forward from Rongbuk Monastery, you will see the famous Rongbuk Glacier Zone, which is the largest among all the hundreds of glaciers formed around the Mt. Everest.

Excursion of Everest Base Camp/hotel

There are Two Everest Base Camp on Opposite of Mount Everest, namely South Everest Base Camp in Nepal and North Everest Base Camp in Tibet. we will do the Excursion of Everest base camp on North side.

Drive to Zhangmu/hotel

Drive to Zhangmu. It is a customs town and port of entry located in Nyalam County on the Nepal-Tibet border, just uphill and across the Bhote Koshi River from the Nepalese town of Kodari. We will visit the Nepal-Tibet Border and stay at hotel tonight.

Drive to Dhulikhel/hotel

Drive to dhulikhel. Dhulikhel is located at the Eastern rim of Kathmandu Valley, south of the Himalayas at 1550m above sea level and is situated 30 km southeast of Kathmandu and 74 km southwest of Kodari. Main attractions of Dhulikhel are temples and scenic mountain views to enjoy from Karyolung in the east to Himalchuli in the west. Dhulikhel is one of the more popular places from which to observe the high Himalaya. From the edge of the ridge, a stunning panorama of peaks unfolds, from Langtang Lirung in the east, through Dorje Lakpa to the huge bulk of Gauri Shankar and nearby Melungtse (7181m) and as far as Numbur (5945m) in the east. There's more to Dhulikhel than breathtaking views though. This is a real Newari town, with a temple-lined village square and a life outside of exposing tourists to the views.

Drive to Kathmandu /rest day at leisure/hotel

Drive to Kathmandu from Dhulikhel. When you reach Kathmandu you will rest at leisure time. In the evening you can do sightseeing in Kathmandu or if you want you can do shopping.

Departure

Your final day in Kathmandu is a free day for you to do as you choose. Many people take the time to shop, others enjoy exploring the cultural side of the city. Our local guide can advise you on the best shops in the area. Final farewells! Our airport representative will travel with you to the airport.

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