

# Ghorepani & Poonhill Trek | Duration: 11 Days

## Days | Cost: \$850

This week long lodge Ghorepani & Poonhill trek in the Annapurna foothills offers all the best of trekking in Nepal including accommodation in comfortable family run tea house lodges along the way. Enjoy trekking in the spectacular mountain scenery through charming villages inhabited by the Gurungs, dense rhododendron forests full of birds and deep sub-tropical valleys, all set below the Annapurnas with the picturesque fluted peak of Machapuchare (Fish Tail Peak) dominating the skyline which is also a route for Annapurna Base Camp trek. At the climax of this trek, you will climb Poon Hill at dawn to enjoy one of the most spectacular mountainscapes on earth. As the sun touches the snowcapped summits the Himalayan Giants, Dhaulagiri 8,167m and Annapurna 8,091m along with a maze of other peaks slowly begin to appear, like magic, before our eyes. This can be enjoyed by every lover of nature. The trek starts from Pokhara. Clients carry daypack only and walk at their own pace. Trekking hours is about 5-6 per day.

### At a Glance:

- **Tour code:** NGPT020
- **Style:** Trekking and Hiking
- **Grading:** ▲▲▲▲▲
- **Suitable for:** 3,210m
- **Duration:** 11 Days
- **Start in:** Kathmandu |Airport
- **End in:** Kathmandu |Airport
- **Transport:** Private
- **Price:** 850

### Highlights of the tour:

- The most popular and relatively easy treks
- Sunrise on Poon Hill with panoramic views of Mountains
- Explore beautiful lakeside in Pokhara
- Stunning view of the Annapurna Range
- Breathtaking mountain scenery and beautiful villages

## **What's Included:**

- Airport pick up and drop
- Welcome dinner
- All sightseeing trip as mentioned
- All entry fees during sightseeing
- All Hotel accommodation
- All Transport on Private Coach
- 3 meals during trek
- Pokhara valley tour
- Tims Permit
- National Park Permit

## **What's Not Included:**

- Lunch and dinner in the city
- Drinks and bar bill
- Tipping
- Personal Insurance
- Other things not mentioned
- Mountain flight US\$ 204 per person
- Nepalese Visa

## **Arrival and transfer to hotel**

Arrival at Tribhuvan International Airport, Kathmandu. A traditional warm welcome by our airport representative. Short briefing about the package in the hotel. Typical welcome dinner in the evening.

## **Kathmandu sightseeing (Optional: Everest Flight)**

You will be taken for sightseeing of Kathmandu Valley to explore the vibrant city after breakfast at your hotel. Drive to famous Buddhist stupa Swayambhunath, also known as Monkey temple, on the hill of Kathmandu Valley where you can see stunning view of mountains and Kathmandu valley. This temple attracts Buddhists and tourists from around the world. Swayambhunath Stupa is the most ancient and enigmatic of all the holy shrines in Kathmandu valley. Its lofty white dome and glittering golden spire are visible from far and wide. Next is Pashupatinath, the temple of Lord Shiva. This is probably the most famous temple for Hindu in Indian Sub-continent. There is crematorium beside the temple where dead bodies are burnt to ashes. After exploring Pashupatinath you will visit fascinating sights of Patan Durbar Square, one of the most glorious examples of traditional Nepalese architecture, full of centuries old temples and palaces.

## **Kathmandu to Pokhara (850m.) by bus / hotel**

After breakfast drive towards the beautiful town of Pokhara in western part of Nepal. Taking fresh air, enjoy the staggering beauty of an area surrounded by some of the world's highest mountains. In the afternoon, you boat across lake Phewa for magnificent views of the Annapurna mountain range. Watch reflections of their dazzling white peaks sparkle in the mirror-like water. Annapurna range is probably one of the finest mountain panoramas in the world. Enjoy the sunset in the lake and take dinner in one of the famous restaurant at lake side.

## **Drive to Nayapool & trek to Tirkhedhunga**

Today you will drive approximately 1.5 hour to Nayapul, the starting point of the trek, on a private vehicle. Trek to Tirkhedhunga on nice dirt road alongside beautiful stream. The beginning of the trek gives you glimpses of the Himalayan peaks but rest of the day you will enjoy the beauty of green mountain surroundings and local villages. You will spend the night at a guest house.

## **Trek to Ghorepani**

Today's trek is bit challenging as you have to conquer three thousand and three hundred stone steps. The trail crosses a suspension bridge across a stream. You climb through the steep stone steps to Ulleri, a settlement of Magar community. You will now gradually climb through meadows, cultivated fields and rhododendron forest. If you are a keen on bird-watching, here you can explore different kinds of redstarts, varieties of kingfishers, dippers and forketails in the area. You further trek to Nangethanti and finally reach Ghorepani. From Ghorepani you can enjoy the magnificent panorama of Dhaulagiri I, Annapurna I, Tukuiche, Nilgiri, Hiuchuli and Tarke Kang. Overnight in Ghorepani lodge.

## **Sunrise at Poon Hill & trek to Tadapani**

Wake up early today and trek about four hundred meters uphill to Poon Hill which takes about forty five minutes. You enjoy mesmerizing sun rise over the Annapurna range. Watch the mountain peaks turn from soft pink to shimmering gold as the sun climbs higher in the clear blue sky. Of fourteen mountain peaks above eight thousand metres in the world, eight are in Nepal. Two among them can be seen from this spot if the sky is clear. Back to the hotel for breakfast and trek to Tadapani. Stay overnight at a lodge there.

## **Trek to Chhomrung**

The trail descends through forest with the chirping of birds. After walking down about 45 minutes the trail goes very steep downhill through the terraced field to Kimrung Khola, cross the suspension bridge and walk to Gurjung. Then the trail ascends for 45 minutes and walk straight to reach Chhomrung at an altitude of two thousand one hundred and seventy meters. It takes four to five hours from Tadapani to Chhumrung. Stay overnight at lodge.

## **Trek to Tolka**

From Chhomrong you will again trek down to Tolka. Tolka is the Gurung settlement where you can explore their culture and tradition. Can have interaction with the locals there.

## **Trek to Pokhara**

From Tolka we will trek down to Pokhara looking beautiful scenery and exploring Himalayan range.

## **Fly to Kathmandu**

Fly from Pokhara to Kathmandu, enjoy panoramic mountain views. Spend the rest of the day sightseeing, exploring, shopping or just relaxing in Kathmandu's numerous cafés and roof-top restaurants before spending the evening celebrating your achievements.

## **Drive to Airport for Return flight**

Your final day in Kathmandu is a free day. You do as you like. Many people take the time for shopping others enjoy exploring the cultural sites of the city. Our local guide can advise you on the best shops in the area. Farewells. Our airport representative will travel with you to the airport.

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