

# **Kailash Tour via Simikot | Duration: 21 Days Days | Cost: \$3600**

The expedition starts from Kathmandu after one full day rest. Experience a scenic flight to Nepalgunj and spend one night before taking spectacular flight onwards to Simikot, Nepal's remote Humla District. From here the journey follows the ancient salt trading and pilgrimage route towards the Nara Langa pass and to the border trade post at Taklakot. Then drive overland north past Gurla Mandata mountain to the shores of Lake Manasarovar. From here you drive towards to Guge Kingdom and visit this ancient place of Tibet. After the excursion of Guge Kingdom, take a drive to Darchen and make 3 days kora of Mt. Kailash. This holy mountain is revered by Hindus, Buddhist, Jains and Bonpos as the center of the universe. After completing this trek you will drive eastwards by jeeps along the mighty Yarlung Zangpo river and through the vastness of the Tibet Plateau. Enjoy fantastic mountain views of the Himalayas as you journey south towards the border town of Zhangmu to re-enter Nepal at the friendship bridge. This exclusive journey is made for travelers in search of a cultural and spiritual odyssey amidst the splendor of the Himalayan mountain range. Note: This tour is on-demand tour so you can contact and choose your own time.

## **At a Glance:**

- **Tour code:** MKTS007
- **Style:** Multi country
- **Grading:** ▲▲▲▲△
- **Suitable for:** 5630m
- **Duration:** 21 Days
- **Start in:** Kathmandu |Airport
- **End in:** Kathmandu |Airport
- **Transport:** Private
- **Price:** 3600

## **Highlights of the tour:**

- Covet a colourful trinket in a Kathmandu market.
- Spiritual journey to Mt. Kailash and mesmerizing Manasarovar Lake.
- Visit the Old monasteries and explore the landscape of Tibet Plateau.
- The magnificent sceneries blending with the sights of ancient culture.

## **What's Included:**

- Airport pick up and drop
- Welcome and farewell dinner
- All sightseeing trip as mentioned
- All entry fees during sightseeing
- All Hotel accommodation
- All Transport on Private Coach
- 3-4\* accomodation with breakfast
- Flight ticket from Kathmandu-Nepalgunj-Simikot
- Trekking Permit (National Park entry fee)
- TIMS
- Guide and Porter

## **What's Not Included:**

- Lunch and dinner
- Tipping
- Drinks and bar bill
- Extra luggage and personal trekking gears
- Emergency evacuation
- Travel and medical insurance
- Other things not mentioned
- Additional costs due to illness, force majeure, changes of flight and itinerary

## **Arrive in Kathmandu**

Arrival at Tribhuvan International Airport, Kathmandu. A traditional warm welcome by our airport representative. Short briefing about the package in the hotel. Typical welcome dinner in the evening.

## **Kathmandu sightseeing**

Your first day will begin with breakfast at your Hotel. You will be taken for sightseeing of Kathmandu Valley to explore color and contrast of the vibrant city. Drive to famous Buddhist Stupa "Swayambunath" or known as Monkey temple on the hill of Kathmandu Valley where you can see stunning view of mountains and

Kathmandu. This temple attracts Buddhists and tourists from round the world. Swayambhunath Stupa is the most ancient and enigmatic of all the holy shrines in Kathmandu valley. Its lofty white dome and glittering golden spire are visible for many miles and from all sides of the valley. Then you will be taken to Pashupatinath Temple. Pashupatinath is the most important Hindu temple dedicated to god Shiva. Every year this temple attracts hundreds of elderly followers of Hinduism. This is also the cremation center. After exploring this temple you will visit fascinating sights of Patan Durbar Square, one of the most glorious examples of traditional Nepalese architecture, full of century's old temples and palaces.

## **Fly from Kathmandu to Nepalgunj**

Your day will begin with breakfast. After having breakfast you will be transfer to Tribhuvan International airport for the breathtaking mountain flight to Nepalgunj. It lies in the western region of Nepal, close to southern border with India which is just 8 km south from Nepalgunj. It will take just about an hour to reach Nepalgunj from Kathmandu. Nepalgunj is business hub of far western region of Nepal which is a town with diverse culture. You will visit the local market and nearby villages. Overnight in Nepalgunj.

## **Fly to Simikot (2,985m/9,790ft) and trek to Dharapori (2,360m/7,740ft)**

After having breakfast you will take another flight to Simikot from Nepalgunj. Nepalgunj Simikot flight is very popular among the trekkers who are travelling in Tibet via Nepal. It takes just 38 minutes to reach Simikot. It lies in far western development region of Nepal near Tibet Border which is one of the remote village of Karnali region. The majority of people who are living here is Buddhist and some are Hindu who are living in the southern part of Simikot. You will learn about the local people and their rich culture. After having lunch you will ascend for a while and then descend towards the village called Tuling. You will reach Dharapori after continuously walking through jungles and village along the Karnali River. Overnight in Dharapori.

## **Dharapori to Kermi (2,860m/9,383ft)**

Today, after having breakfast you will commence trek to Kermi. Walk about four to five hours. Initially the trek takes you to the flat trails alongside of the Karnali River and then you need to walk along the fields which is cultivated mainly with barley, Buckwheat, rice and potatoes. You will encounter with a beautiful waterfall along the way also you will visit ancient Buddhist Monastery close to Kermi. Overnight in Kermi.

## **Kermi to Yalbang (2,879m/9,445ft)**

Today you will trek to Yalbang. It takes about five to six hours to reach Yalbang. You will ascent through the scenic trail along the peaches and big pine forest. Ascent until you reach small pass and then a suspension bridge over the Salli River. Continue walking toward Yalbang and the trail takes you to Limi Valley. Decent down from the top for Albang Monastery. Overnight at Yalbang.

## **Yalbang to Tumkot (3,073m/10,082ft)**

You will trek to Tumkot khola. Walk on a trail above the Karnali River. There will be no trees and greenery as you ascend further. You will cross some village like Anger and Muchu. It is the biggest village on your trip. After reaching Thumkot you will visit Dhungkar ChoeZom Monastery. This Monastery is the most important

Monastery in the Tibetan region. Overnight in Tumkot.

## **Tumkot to Yari (3,663m/12,017ft)**

You will walk above the Karnali River today. Cross the suspension bridge then climb steeply uphill about an hour after walking few miles you will notice the change in the climate, vegetation and landscape. On the way you will see barren landscape and mount Saipal. On further walk you will see the picturesque village. Overnight in Yari.

## **Yari to Hilsa (3,647m/11,965ft) via Nara La pass**

Wake up early in the morning. After having breakfast you will start your trek to Hilsa. You will cross the first pass of the trek today before it gets windy. Normally it takes one and half hours or two to reach Nara La pass then descend to Hilsa which takes approximately three hours. After crossing the pass you can see the land of Tibet, the excellent view of the Beautiful Tibetan Plateau and Yari Village. From here descent down until you reach Hilsa. Overnight in Hilsa

## **Hilsa to Purang (3,772m/12,375ft)**

Walk across the bridge at Hilsa .Cross the border showing permits and passport. Do not take any books, paper and flags, pictures which is against china and never try to take picture about the Chinese officially side, especially military side and so on. You will ascend from Hilsa to Purang and pass Rinxin Zangpo Gompa and Kangje village along the way. Visit the ancient Purang Gompa in Purang and also explore the unique Buddhist frescoes. Overnight in Purang.

## **Purang to Montser (4,450m/14,599ft) and sightseeing in Tirtapuri**

After having breakfast at hotel in Purang, today you will visit Montser and Tirtapuri. On your way to Montser you will pass through Pakshas and mansarover lakes. Visit the Tirtapuri which is located northwest side of Mount Kailash and explore monastery which has the guru's Footprint. After exploring Tirtapuri return back to Montser. Overnight in Montser.

## **Sightseeing of Garuda Valley, then transfer to Darchen (4,560m/14,956ft)**

Today you will visit Guruda Valley. It is an amazing complex of caves set in the hills on the north bank of the Sutlej River about 35 km west of the hot spring and gompa of Tirthapuri. It will take around two hours to reach Garuda Valley. It contains mysterious caves, some of which have never been explore before. Visit some interesting archeological and historical sites. After visiting the valley you will transfer to Darchen which is the foot of Mount kailash. Visit around the Darchen. Overnight at guest house in Darchen.

## **First day of Kora: hiking to Dira Puk Monasterys (5120m/16,792ft)**

Today you will begin your Kora of Mt.kailash. It takes about six hour to hike in a deep valley through walls of

red rock. Continue walking across the plain to Shershong. The trail takes you to a small bridge across the Lja-Cha. The bridge is about three hours walk from Darchen. Further walk from Shershong leads you to Chhuku Gompa which is visible from the valley on the hill. From the chuku bridge there are alternative trails along the east and west bank of the river. Each way takes three hours to Dirapuk Monastery. The trail leads you to Dirapuk from where you will have stunning view of the north face of Mt.Kailash. Take your time in between Chuku Monastery and Dirapuk Monastery cause you can see the entire beautiful kora. Overnight in Dirapuk.

## **Second day of Kora: hike to Dzutul-puk (4790m/15,765ft)**

Wake up early in the morning. Today will be the most difficult section of your journey. Head off the east and cross the Lha-chu again by bridge. It is a long ascend to Drolma-la. Climb to Drolma-la pass which is located at 5,750 walking about two hour takes you to a rocky Expanse of Shiba-tsal. After 30 minute walk from Shiva-tsal the trail turns eastward. It will take approximately 30 minute to cross the long and very steep grassy bank of the Lham-chu Khir. Descend to Dzutul-Puk. At Dzutul\_puk you will visit Dzutul-puk Monastery also you can see the incredible lake of compassion called Thugji Zinbu and a few ancient meditative caves. Overnight in Dzutul-puk

## **Third day of Kora: hiking to Darchen (4,560m/15,000ft): 14km, 3 - 4 hours and transfer to Manasarovar**

Today you will trek From Dzutul-puk monastery to Darchen. The trail follows the river closely about an hour and climb above the river and enter a narrow canyon. Look for a prayer flags festooned across the river and in the far distance the blue water of the Raksas Tal. The trail gradually emerges onto the Barkha pain. It will be easier to reach Darchen along the dirt road. And you will complete one of the most important pilgrims of the Asia. After completing the holy kora of Mount Kailash at Darchen. Drive about two hour to Mansarovar Lake. The lake holds religious significance for both Hindus and Buddhists. As per Hindu theology, Lake Mansarovar is a personification of purity, and one who drinks water from the lake is believed to go to the abode of Lord Shiva after death. Buddhists also associate the lake with the legendary lake known as Anavatapta in Sanskrit where Queen Maya is believed to have conceived Buddha. Overnight in Mansarovar.

## **Tour of the Mansarovar Lake**

Today you will take the tour of Mansarovar Lake. After completing the holy kora of Mount Kailash at Darchen, you will drive about two hour to Manasarover Lake. The lake holds religious significance for both Hindus and Buddhists. As per Hindu theology, Lake Mansarovar is a personification of purity, and one who drinks water from the lake is believed to go to the abode of Lord Shiva after death. Buddhists also associate the lake with the legendary lake known as Anavatapta in Sanskrit where Queen Maya is believed to have conceived Buddha. The beautiful Mansarovar Lake which has a circumference of 90 km making it one of the highest fresh water lakes in the world. The belief is that the Kora of Mount Kailash is completed only with a holy dip in the lake and a drink of its holy water relieves one from the sins of a hundred lives. You will climb around Mansarover by jeep. Also if time permits you will visit Chui Gompa and some other attraction of Manasarovar Lake. Overnight in Mansarovar.

## **Mansarovar to Saga (4,600m/15,088ft) 495 km**

Today after having breakfast you will be taken to a drive to Saga from Mansarover through sacred historic Chiu

Monastery. Continue driving up to Hor Quo and cross the Mayum la pass. You can have glimpses of small town like Zhongba and paryang. After passing Paryang drive along a different route to Kathmandu to Saga. Overnight in Saga.

## **Saga to Zhangmu (3,750m/12,300ft) 325km**

Cross The Yarlung Tsangpo or Brahmaputra River and then drive to Nyalam. You can see a huge lake with Mt. Shishapangma on the way to Zhangmu. You will also get a glimpse of Mt Everest as the road climbs the Lalung la pass. Continuously drive until you reach Zhangmu. Overnight in Zhangmu.

## **Zhangmu to Kathmandu: 153km**

Drive Back to Kathmandu. You will be taken to a scenic drive from kodari to Kathmandu. It will take approximately four to five hours to reach Kathmandu. You can explore the beautiful countryside on the way to Kathmandu. Enjoy the various delights of the Kathmandu. Spend the evening celebrating your achievements. Overnight in Kathmandu.

## **Day at leisure/ reserve day in case of flight cancel/Hotel**

It's a leisure time in Kathmandu, where the rest of the day is free for shopping, sightseeing or relaxing. This is an extra day in case of bad weather. Free time to explore Kathmandu before setting for the airport.

## **Final Departure**

Your final day in Kathmandu is a free day. You do as you like. Many people take the time for shopping others enjoy exploring the cultural sites of the city. Our local guide can advise you on the best shops in the area. Farewells! Our airport representative will travel with you to the airport.

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