

Langtang Trek | Duration: 10 Days Days | Cost: \$999

Langtang Valley Trek is one of the best trekking in Nepal. This trek offers an opportunity to enjoy Nepal's culture, natural beauty and biological diversity. You spend a night in Kathmandu, an ancient city, and explore UNESCO heritage sites before heading to Syaphrubensi. The trekkers pass through Sherpa villages to reach Langtang valley. One can trek to Langtang Glacier, visit a local cheese factory and hear stories of Yeti from the locals. Red panda, the shy and charismatic endangered mammal species can be spotted during the trekking in Langtang National Park. The Langtang Trek is the short but best trekking with spectacular landscapes. It also offers an opportunity to hike up to the summit of Tsergo Ri (4984m) for the stunning views of high mountain peaks before descending to Syabrubensi. Read out why langtang should be in your travel bucket list from; Langtang in Your Bucket List

At a Glance:

- **Tour code:** NLT009
- **Style:** Trekking Holidays
- **Grading:** ▲▲▲▲▲
- **Suitable for:** 4,773
- **Duration:** 10 Days
- **Start in:** Kathmandu |Airport
- **End in:** Kathmandu |Airport
- **Transport:** Private
- **Price:** 999

Highlights of the tour:

- Classic easy paced trekking holiday in Nepal
- Visiting of Ancient palace, temples of Kathmandu
- Breathtaking view of mountains
- Trek to heart of Langtang to the monastery village of Kyanjin

What's Included:

- Airport pick up and drop
- An experienced insured and equipped English speaking guide
- Guided sightseeing and entry fee in Kathmandu
- 3 meals during trek
- Good standard Hotel (3-4*) accommodation in Kathmandu with breakfast
- Teahouse accommodation on trek twin sharing basic
- Tims permit
- Langtang National Park Fee
- Insured and equipped porter as on IPPG rules
- Ascents of Tsergo Ri (4984m) and Langtang Glacier

What's Not Included:

- Travel Insurance.
- Nepalese Visa.
- Tips for Guide and other trek staff.
- Lunch and dinner in the city.
- Additional costs due to illness, rescue etc.

Arrival and transfer to hotel/welcome dinner

Arrival at Tribhuvan International Airport, Kathmandu. A traditional warm welcome by our airport representative. Short briefing about the trip and package. Typical Nepali dinner in the evening.

Kathmandu sightseeing

You will be taken for sightseeing of Kathmandu Valley to explore the vibrant city after breakfast at your hotel. Drive to famous Buddhist Stupa Swayambunath, also known as Monkey temple, on the hill of Kathmandu valley where you can see stunning view of mountains and Kathmandu valley. This temple attracts Buddhists and tourists from around the world. Swayambunath Stupa is the most ancient and enigmatic of all the holy shrines in Kathmandu valley. Its lofty white dome and glittering golden spire are visible from far and wide. Next is Pashupatinath, the temple of Lord Shiva. This is probably the most famous temple for Hindu in Indian Sub-continent. There is crematorium beside the temple where dead bodies are burnt to ashes. After exploring Pashupatinath you will visit fascinating sights of Patan Durbar Square, one of the most glorious examples of traditional Nepalese architecture, full of centuries old temples and palaces.

Drive to Syabrubensi (1450 m)

Soon after the early morning breakfast you will start your journey to Syabrubensi. One can enjoy scenic villages on the way to Syabrubensi. You will travel along the adventurous route climbing high over the ridges which provides an opportunity to see the panoramic view of the Himalaya, including the Annapurna, Manaslu, Ganesh and other peaks of the Langtang region. Overnight at a hotel in Syabrubensi.

Trek to Lama Hotel (2480m)

You will continue your trek to Lama Hotel today. You will gradually ascend along with the Langtang Khola, a stream. The trail offers spectacular views and beautiful scenery. Overnight in Lama Hotel.

Trek to Langtang about 6 hrs (3541m)

Today's destination is Langtang. After breakfast you will ascend along the Langtang Khola, climbing steep through green forest. As the trail continues the valley widens. You will pass through some temporary settlements used by the cattle herders who bring their livestock to graze in the high pastures during summer. The trail finally descends to a monastery and reaches at the headquarters of the Langtang National Park. Overnight at Langtang hotel.

Trek to Kyanjing Gompa 4 to 5 hrs (3900m)

The trail climbs gradually through small villages of Mumdu and Sidum and yak pastures. After crossing several small streams and moraines, the trail reaches the settlement of Kyanjing. The place is famous for cheese and curd where you will explore the surrounding. Overnight in Kyanjing Gompa.

Day trip to Kyanjin Ri(4773m)

Today is an additional day in Kyanjing Gompa. You will start your trek to Kyanjing Ri early in the morning. It offers breathtaking panoramic views of the mountain peaks in Langtang region. Finally you will reach the top of Kyanjing Ri. Enjoy the stunning views and retrace to Kyanjing Gompa. You can visit a small Monastery and the government operated cheese factory on the way. Overnight in Kyanjing Gompa.

Trek to Ghodatabela (2972m)

Today you will retrace your route along the Langtang Khola to Langtang village and on the Ghodatabela. The trail is for the most part downhill while descending to Ghodatabela village. On the way downhill you will see fantastic views of mountain, beautiful scenery. Overnight in hotel.

Trek back to Syabrubensi

After breakfast, you will trek about 5 hours down to Syabrubensi. The trail is mostly downhill through the green vegetation. Can enjoy the spectacular mountain views and beautiful village. Overnight at Syabrubensi.

Back to Kathmandu

Today you will drive back to Kathmandu along with your tour guide. It will take approximately eight hours to reach Kathmandu. Along the way to scenic drive to Kathmandu, you will see the beautiful village of Nepal including spectacular landscape. Tonight at hotel in Kathmandu.

Day at Leisure/Farewell dinner /Hotel

It's a leisure time in Kathmandu, where the rest of the day is free for shopping, sightseeing or relaxing. This is an extra day in case of bad weather. Free time to explore Kathmandu before setting for the airport.

Drive to Airport for return flight

Your final day in Kathmandu is a free day. You do as you like. Many people take the time for shopping others enjoy exploring the cultural sites of the city. Our local guide can advise you on the best shops in the area. Farewells! Our airport representative will travel with you to the airport.

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